



Thursday, 23 July 2020

Dear Residents and Visitors,

## Re: Covid-19 Victorian Government changes to restrictions

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As of 11:59pm on 22 July, further changes have been made to [Government Directions](#) that affect rules for residents, visitors and staff in Wintringham's Residential Care Homes.

If you live in metropolitan Melbourne or Mitchell Shire you must now also wear a face covering (mask) when you leave home for one of the four permitted reasons; shopping for food and supplies, care and caregiving, exercise, and study or work if you can't do it from home.

The requirement to wear face coverings applies when people are outside of their home for one of the four reasons. It does not apply to aged care residents or other group home residents while they are in their home. However, it does apply to the home's staff and visitors and when a resident leaves the home for one of the four permitted reasons listed above. Please note, people who have relevant medical conditions i.e. respiratory difficulties, mental health, or are aged under 12 years, are exempt from wearing masks.

To help slow the spread of coronavirus (COVID-19), at Wintringham we continue to discourage unnecessary movement in and out of our homes and promote regular washing of hands and keeping at least 1.5 metres from other people. If you have any symptoms of coronavirus (COVID-19) please get tested, and stay home until you receive your test result.

Wintringham will continue to actively monitor all residents, visitors and staff (including visiting workers and volunteers) for compliance with the new Governments Directions. Those people who do not meet the current active screening requirements will be refused entry.



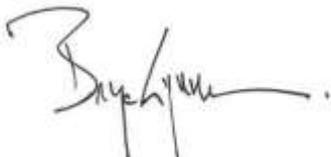
Visiting restrictions remain in place, but have changed slightly in accordance with the updated [advice for Care Facilities Directions \(No 8\)](#) which:

- Limits visits to no more than 1 person per day, for no more than 1 hour per day
- Visits will not occur in communal areas
- Large group activities or entertainment will not be permitted at this time
- School groups will not attend the facility
- Children aged 16 years and under will be discouraged from attending the home
- All people on site will practice social distancing practices

The '*Industry Code for Visiting Residential Aged Care Homes during COVID-19*' released by consumer advocacy organisations and aged care peak bodies throughout Australia is also being followed.

Please remember, the Residential Care Manager or Site Manager are there for you to talk to. Thank you for your understanding and support, as we continue to maintain the high standards we have set at Wintringham to keep everyone safe.

Yours sincerely,



Bryan Lipmann AM  
CEO/Founder

CC: Wintringham Staff

### **Other useful information:**

To view all communications that have been issued for Wintringham's Residential Care services visit: [www.wintringham.org.au/covidresi.html](http://www.wintringham.org.au/covidresi.html)

For a list of other face mask-related questions and answers see the Victorian Department of Health and Human Services website: [www.dhhs.vic.gov.au/face-masks-victoria-covid-19](http://www.dhhs.vic.gov.au/face-masks-victoria-covid-19)



# Wearing re-useable fabric masks

## HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

[who.int/epi-win](http://who.int/epi-win)

### Do's →



Clean your hands before touching the mask



Inspect the mask for damage or if dirty



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the mask



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands after removing the mask

### Don'ts →



Do not use a mask that looks damaged



Do not wear a loose mask



Do not wear the mask under the nose



Do not remove the mask where there are people within 1 metre



Do not use a mask that is difficult to breathe through



Do not wear a dirty or wet mask



Do not share your mask with others

**A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.**

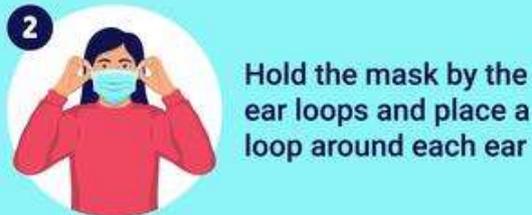


World Health Organization



## Wearing surgical / single use masks

### HOW TO WEAR SURGICAL MASK



### HOW TO REMOVE SURGICAL MASK

