

Wednesday 8 July, 2020

(Client name address)

Dear (Client/family/Next of Kin)

We are writing to you about the Coronavirus (COVID-19) to advise that Metropolitan Melbourne and Mitchell Shire has once again been placed under Stage 3 restrictions for 6 weeks commencing Midnight 8/7/20. This means the government will again be enforcing by law for people to stay home.

What do **Stage 3 restrictions** mean for you?

- All gatherings are restricted to no more than 2 people.
- Social distancing rules should also be observed (1.5 metres between yourself and other people)
- Victorians should be staying in their own homes.

Government have provided the 4 reasons to be out:

- shopping for what you need - food and essential supplies
- medical, care or compassionate needs
- exercise in compliance with the public gathering requirements
- work and study if you can't work or learn remotely

There is also **strong advice** for those **people over 70 years**, for those older than **60 with existing health conditions**, and for **Indigenous Australians aged over 50 years**. For your own protection you should stay at home as much as possible.

Please continue to:

- Wash your hands often with soap and water before and after eating and after using the toilet.
- Notify Wintringham if family members with, including any children you live with are unwell.
- Discuss symptoms with your Doctor



- Cough and sneeze into your elbow, not your hands.

Please contact your Case Manager if you require any form of assistance including help getting food, medication and essential supplies.

Thanks for you co-operation.

Yours sincerely

Duane Bell
Senior Manager, Aged Care