

# Spring Menu week 4



## Monday

### **Midday Meal**

Curried Sausages  
Steamed Rice  
Carrots  
Broccoli

*Apple & Berry Pie  
& Custard*

### **Evening Meal**

Pea & Ham Soup

Chicken Drumsticks  
in Honey Soy Sauce  
Asian Slaw with  
Edamame Beans &  
Peanut Dressing

*Vanilla Rice Pudding*

## Tuesday

### **Midday Meal**

Lamb Tagine  
Casserole  
Sweet Potato Mash  
Green Beans  
Spiced Cauliflower

*Fruit Cake & Custard*

### **Evening Meal**

Potato & Leek Soup

Grilled Salmon with  
Parsley Relish  
Sliced Pumpkin  
Asparagus  
Garlic Bread

*Poached Pears with  
Caramel Custard*

## Wednesday

### **Midday Meal**

Roast Chicken  
& Gravy  
Hasselback Potato  
Roast Carrot  
Broccoli

*Lemon Impossible  
Cake*

### **Evening Meal**

Chicken & Vegetable  
Soup

Spaghetti Bolognese  
Dinner Rolls

*Milk Jelly with  
Raspberry Topping*

## Thursday

### **Midday Meal**

Beef Stroganoff  
Creamy Mashed  
Potato  
Broccoli & Cauliflower

*Crepes with Mango  
Coulis & Cream*

### **Evening Meal**

French Onion Soup

Beef, Bacon &  
Cheese Pies  
with Gravy  
Chips  
Peas

*Ice Cream with  
Sprinkles*

## Friday

### **Midday Meal**

Tempura Fish  
Chips  
Greek Salad

*Stewed Plums &  
Apples with Custard*

### **Evening Meal**

Cream of Mushroom  
Soup

Hoisin Pork with  
Broccoli Floret  
Hokkien Noodle  
Stir Fry

*Apricots & Custard*

## Saturday

### **Midday Meal**

Lamb Chops in Gravy  
Scalloped Potato  
Carrots  
Peas

*Assorted Profiteroles*

### **Evening Meal**

Lentil & Bacon Soup

Butter Chicken  
Steamed Rice  
Green Beans

*Vanilla Blancmange  
& Two Fruits*

## Sunday

### **Midday Meal**

Roast Pork & Gravy  
with Apple Sauce,  
Roast Potato  
Roast Pumpkin  
Cauliflower

*Strawberry Pudding  
Cake & Cream*

### **Evening Meal**

Seafood, Leek &  
Tomato Soup

Meatloaf & Gravy  
Mashed Potato  
Peas

*Mint Pannacotta*

